# Introduction to Health Innovation

CAR

Graduate School of Health Innovation Kanagawa University of Human Services

TREATMENT

School of

Health

Innovation

# 1. What is Health Innovation?

## What is "Innovation"?

Innovation: An example of definition

Generating new social and economic values

with advanced scientific findings and technical inventions

#### combined with human insights

Cabinet Office, Japan(2006). The 3<sup>rd</sup> Science and Technology Basic Plan.

WHO defines Health Innovation

To develop and deliver new or improved health policies, systems, products and technologies, and services and delivery methods that improve people's health.

World Health Organization (2014) . How does WHIG define health innovation? *Promoting Health Through the Life-course. Retrieved Oct.* 1<sup>st</sup> from http://www.who.int/life-course/about/who-health-innovation-group/en/

## What is Health Innovation?



To generate new social and economic values in health by developing social system and technology through integration of scientific finding, technical invention, and scientific thinking

### 2. Issues surrounding Kanagawa and Japan's healthcare



#### Population Trend in Japan by Age Categories



Retrieved 20 October, 2015, from http://www.ipss.go.jp/syoushika/tohkei/newest04/sh2401top.html

## Healthcare issues in Kanagawa

Population Decline	<ul> <li>The population decline has already begun in Kanagawa prefecture, except for urban areas and the elderly.</li> <li>It will become difficult to maintain existing social systems including public insurance system.</li> </ul>
Evidence Based Policy Making	<ul> <li>In recent years, the necessity of evidence based policy making (EBPM) is rising.</li> <li>However, human resources with training in EBPM is limited.</li> </ul>



# To facilitate health innovation

is essential.

## 3. ME-BYO concept





dichotomy between the two; ME-BYO conceptualizes the whole process of this change.

Source: Office of Healthcare Policy. (2017). The Healthcare Policy(2017). Retrieved 2 October, 2018, from https://www.kantei.go.jp/jp/singi/kenkouiryou/en/pdf/2017\_policy.pdf

#### Opportunities to foster Healthy Ageing

- Combination of a person's physical and mental capacities (known as intrinsic capacity) is a strong predictor of health and wellbeing.
- ME-BYO represents the decline of intrinsic capacity.



Soruce: Cesari, M. (2017). Fig2.4. A public-health framework for healthy ageing: opportunity for public-health action across the life course. Biological theory for the construct of intrinsic capacity to be used in clinical settings. Retrieved Sep. 20, 2018 from http://www.who.int/ageing/health-systems/3\_Biological-theory-intrinsic-capacity.pdf

## ME-BYO index

ME-BYO Index	<ul> <li>Aiming at social and health system change by promoting behavior change of each individual.</li> <li>Need to predict the personal trajectory of health status (intrinsic capacity, IC) over time, not just the current status.</li> </ul>
	Personalized, continuous, dynamic, cost-     effective_across_life_course
Evidence to obtain	<ul> <li>The concept "ME-BYO" is not clearly defined by evidence based data yet.</li> <li>To combine the conventional methodology with new methods will be required.</li> <li>Using big data from observational studies will be effective.</li> </ul>

## 4. Evolution of technology in health



# IT / Big Data / AI



- Information and Communication Technology
  - Electronic Health Record
  - Online / telemedicine
  - Personal Health Record / smartphone apps
- Big Data
  - Claim data: National Database / KDB
  - Health big data: National Survey, etc
- Artificial Intelligence
  - Diagnosis support system
  - AI health guidance
  - Drug discovery using AI & big data

## Robotics

**Information Technology (IT)** 

**Big Data** 



Robotics

Genome Medicine

**Precision Medicine/Health** 

Medical devices

- Robot-assisted surgery
- Nano capsule for endoscopy, cancer care, etc.
- Rehabilitation assist
- Nursing care
  - Patient transfer assist
  - Care worker support

### Genome Medicine, Precision Medicine

• • **Genome Medicine Precision Medicine/Health** 

Precision Medicine

- Cancer care
- Precision Health/Prevention
  - Genome cohort study
  - Biobank

## References

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